



Spoiler Alert!

If you haven't read the book, you may not want to proceed.

The Fifth Floor

by Julie Oleszek



Book Club Questions

- What signs did Anna exhibit to get to the point she did, and why were those signs missed by her parents, siblings, and teachers?
- What action(s) of Anna's compounded her problem?
- How did Anna's age and development stage affect the chain of events?
- What is the importance of Anna's inner child?
- If Liz hadn't died, how much different would Anna's life have been considering the dynamics of the family?
- What ways might have softened Anna's reaction to Liz's death to keep her from an unwarranted destructive future?
- What actions from Anna's mother indicate that she loves her family?
- If Anna was seventeen today and in the same situation, how might her treatment and healing be different? For better and worse.
- How is Anna's story of growing up in the 1970s significant for today's teens and families?
- Do mental health issues continue to generate a negative stigma? Why do you think this is?